



<b>Module 1: Created and Loved by God</b>
<b>Unit 1: Religious Understanding</b>
<b>Story Sessions:</b> Calming the Storm <b>NEW for 2020</b> replacing <i>Kester's Adventures*</i>
<b>Unit 2: Me, my body, my health</b>
<b>Session 1:</b> Gifts and Talents
<b>Session 2:</b> Girls' Bodies
<b>Session 3:</b> Boys' Bodies
<b>Session 4:</b> Spots and Sleep
<b>Unit 3: Emotional well-being</b>
<b>Session 1:</b> Body Image
<b>Session 2:</b> Peculiar Feelings
<b>Session 3:</b> Emotional Changes
<b>Session 4:</b> Seeing Stuff Online
<b>Unit 4: Life cycles</b>
<b>Session 1:</b> Making Babies Pt1
<b>Session 2:</b> Making Babies Pt2 <i>*Optional. See your Programme Coordinator</i>
<b>Session 3:</b> Menstruation
<b>Module 2: Created to Love Others</b>
<b>Unit 1: Religious Understanding</b>
<b>Session 1:</b> Is God Calling You?
<b>Unit 2: Personal Relationships</b>
<b>Session 1:</b> Under Pressure
<b>Session 2:</b> Do You Want a Piece of Cake?
<b>Session 3:</b> Self-Talk
<b>Unit 3: Keeping Safe</b>
<b>Session 1:</b> Sharing Isn't Always Caring
<b>Session 2:</b> Cyberbullying
<b>Session 3:</b> Types of Abuse
<b>Session 4:</b> Impacted Lifestyles <i>*NEW for 2020*</i>
<b>Session 5:</b> Making Good Choices <i>*NEW for 2020*</i>
<b>Module 3: Created to Live in Community</b>
<b>Unit 1: Religious Understanding</b>
<b>Session 1:</b> The Trinity <i>*UPDATED for 2020*</i>
<b>Session 2:</b> Catholic Social Teaching
<b>Unit 2: Living in the Wider World</b>
<b>Session 1:</b> Reaching Out